

Mild Traumatic Brain Injuries (Concussions): What You Really Need to Know to Keep Students Safe

Course Description: How often have you turned on the news to hear something about a student or professional athlete who has suffered a concussion? We have become more and more aware of the incidence of concussions, their causes and effects. This course is designed to help participants better understand what is happening in the brain in order to take a proactive approach in the recognition and management of head trauma. We will review the anatomy and development of the brain as well as the definition of a concussion. We will review the history of concussion treatment and causation and how we got to this "crisis". We will discuss the importance of educating and supporting *all* students, not just athletes, to keep them safe on the playing field and playground and in the gymnasium. Participants will learn and be able to bring effective strategies back to their school communities to help keep children and adolescents safe.



About the Instructor: Michelle Kelly, MS, LAT, ATC, has served as the Athletic Trainer for Somerville High School for the past 10 years. She developed a district wide concussion policy and serves as the District Coordinator for Concussion Management. This unique position allows her to help both families and students navigate their recovery process, and provide teachers and staff with a better understanding of how to best support their students. Her passion to improve the health and well being of all students is evident in her work to create best practices in the community. Establishing a positive rapport with student athletes, parents, coaches and school personnel is key to her success.

Currently she is working with the health careers program at SHS to establish a student ambassador program to further enhance educating parents and students about brain injuries. She presented this year at the MAPHERD convention and the PTA health Summit. She is also a member of the DPH concussion advisory board and the "return to learn" working group.

Audience: K-12 Educators, Athletic Directors, Coaches, Nurses, Administrators

Date & Time: Monday-Wednesday
July 30, 31, August 1, 2018
8:30AM – 2:00PM

Location: TEC Professional Learning Center in E. Walpole

Earn: 15 PDPs

Grad Credit: 1 credit from Worcester State University for an additional \$125, payable at the first class

Cost: \$275TEC Members / \$320 Non-TEC Members



To register: Go online to http://www.tec-coop.org/PDL_RegForm.html or complete this form and send, **along with a check or PO**, to:
TEC Professional Development, 141 Mansion Drive, Suite 200, E. Walpole, MA 02032

Register me for "Mild Traumatic Brain Injuries" on 7/31/18!

TEC Member District: \$275 Non-TEC Member District/Private School: \$320

Name: _____ School: _____

Home address: _____ Role: _____

City, state, zip code: _____ Address: _____

Email: _____ City, state, zip code: _____

Home phone: _____ Work phone: _____

Withdrawals: No credits/refunds will be given unless TEC is notified 10 business days before the first class. All payments processed upon receipt. There is a \$5 cancellation fee.