

Bring Back Ballroom: Foxtrot and Salsa

Course Description: Salsa has its origins in the Cuban folk culture but is danced throughout the world today! Learn how to dance it – and the Foxtrot. Acquire the skills to perform and teach five step patterns for the **Foxtrot** and **Salsa**. The focus of this course is to prepare K-12 Physical Educators and **ALL** educators who incorporate movement into their classrooms to teach both the Leader and Follower positions at a social level of ballroom dancing. The course explores the background and history of each dance and how connections can be made across the curriculum. Successful teaching strategies and ideas for curriculum implementation will be shared.



https://downtownmhik.com

Please wear comfortable clothing and sneakers. Bring water, sports drinks, snacks and lunch to keep you hydrated and energized throughout the day. Please bring a personal device if possible.

About the Instructor: Karen Renaud, M.Ed., MAHPERD Secondary Physical Education Teacher of the Year 2016. Karen has been teaching in the field of Physical Education and Health for 19 years. Currently, she is the K-12 Wellness Subject Matter Leader for the Hopkinton Public School district. She loves teaching ballroom dance, stress management, self-defense and cardio drumming to her students. In 2003, she walked into a ballroom dance studio looking for a new personal challenge and immediately fell in love with it. When she started experimenting with lessons in her classroom, she realized that she had found something that motivated students to move in a joyful manner. She has created a ballroom dance curriculum for all sophomore wellness students, a semester elective course in ballroom dance, established the ballroom dance club at the high school, worked with colleagues in grades 2-12 to develop age appropriate dance curriculum. She has presented at the MAHPERD, SHAPE America Eastern District Association and National conventions.

Audience: K-12 Physical Educators; all interested educators
Date & Time: Monday & Tuesday, July 1 & 2, 2019
8:30AM – 3:00PM
Cost: \$245 TEC Members / \$280 Non-TEC Members
Location: TEC Professional Development Center, E. Walpole
Earn: 13 PDPs
Grad Credit: One graduate credit from Worcester State University for an additional \$125, payable at the first session



To register: Go online to http://www.tec-coop.org/PDL_RegForm.html or complete this form and send, along with a check or PO to:

TEC Professional Development, 141 Mansion Drive, Suite 200, E. Walpole, MA 02032

Register me for "Ballroom Dancing: Foxtrot & Salsa" beginning 7/1/2019! TEC Member District \$245 Non-TEC Member: \$280

Name: _____ School: _____

Home address: _____ Role: _____

City, state, zip code: _____ Address: _____

Email: _____ City, state, zip code: _____

Home phone: _____ Work phone: _____

Withdrawals: No credits/refunds will be given unless TEC is notified 10 business days before the first class. All payments processed upon receipt. There is a \$5 cancellation fee.