

Inside TEC High School

At TEC High School, we strive to provide our students with a challenging and diverse academic curriculum within a caring and supportive learning community.

ACADEMIC CURRICULUM

- ◆ Aligned to the MA Curriculum Frameworks
- ◆ Includes on-line and blended learning opportunities that could include AP
- ◆ Options to take community college courses on campus
- ◆ Honors and College Prep level courses
- ◆ Highly individualized curriculum based on the needs of students
- ◆ Individual support from all teachers

COMMUNITY SERVICE

Students participate in volunteer service days that include the Community Servings, Golden Opportunities in Walpole, area Senior Centers, The Wakefield Arboretum, Cradles to Crayons, New Life Furniture Bank, as well as working with young students that have severe disabilities.

TRANSITION

All students participate in the Pre-ETS Program (Pre-Employment Transition Service Program)



Student Achievement

This is a showcase of the schools our students have been accepted to in the past 5 years!

Agnes Scott College	Oral Roberts U.
Anna Maria College	Sacred Heart U.
Belmont University	Seton Hall University
Bryant University	Simmons College
Champlain College	Smith College
Curry College	Quinnipiac University
DePaul University	University of Hartford
Drexel University	University of Maine
Elizabethtown College	UMass Amherst
Emerson College	UMass Boston
Endicott College	U. of New Brunswick
Fordham University	U. of New England
Hofstra University	U. of New Hampshire
James Madison U.	U. of Vermont
Lesley University	Westfield State
Marist College	

the education
COOPERATIVE

TEC High



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Overview

TEC High School is a student-centered therapeutic school which offers a caring and supportive academic experience to adolescents in grades 8-12. At TEC, experienced, certified classroom teachers and special educators help students master a rigorous college preparatory curriculum while a full-time licensed clinical staff assists students in reaching their social emotional development goals.

TEC Student Profile

- ◆ Students at TEC High School contend with Anxiety, Depression, and Mood Disorders. Many have significant trauma histories or may have been bullied at school or may have become school avoidant. Many may have been hospitalized as an end result of thoughts of self-harm or suicidality.
- ◆ Students may struggle with executive functioning issues, as well as specific learning disabilities and could also have high functioning autism.
- ◆ Students are able to enroll at TEC directly from hospitalization or following long term absence.
- ◆ Length of enrollment varies; 40 and 45-day extended evaluations are available.



Mock Trial—Criminal Justice Class

Our Approach

SEL CLASSROOMS: Provide teachers a lens through which to view our students with compassion and understanding. Our class sizes are small. This allows our teachers and students to develop a healthy relationship where students feel respected, accepted, and supported.

STUDENT CENTERED CLASSROOMS:

Allow our teachers to shift instruction from the teacher to the student, with the end goal of developing students who are autonomous and independent, and placing the responsibility of learning in the hands of the students. This also allows our teachers to provide more focused support to students in content areas where they may struggle.



Therapeutic Support

DBT : Our clinicians are certified and trained in Dialectical Behavior Therapy. DBT helps students learn new skills that will help them manage emotions. It focuses on mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. All students participate in a DBT Skills Class each week.

MINDFULNESS: Each morning begins with a mindfulness practice that may include guided meditation, focus on the senses, movement or simple breathing exercises.

1:1 CLINICAL TIME: Each week, students have the opportunity to meet with their clinicians for support that addresses their emotional goals. Additional time for students is added when students feel they need extra support.

SOCIAL PRAGMATICS: Students meet with our Speech and Language Pathologist in groups or individually to work on social communication skills.

