

## Bring Back Ballroom: Swing and Hustle

**Course Description:** The dance that made *Saturday Night Fever* a huge hit – the Hustle - is still danced around the world! Learn how to dance it – and the East Coast Swing. Acquire the skills to perform and teach six step patterns for the *East Coast Swing* and *Hustle*. The focus of this course is to prepare K-12 Physical Educators and **ALL** educators who incorporate movement into their classrooms to teach both the Leader and Follower positions at a social level of ballroom dancing. The course explores the background and history of each dance and how connections can be made across the curriculum. Successful teaching strategies and ideas for curriculum implementation will be shared.



http://westchesterballroom.com

Please wear comfortable clothing and sneakers. Bring water, sports drinks, snacks and lunch to keep you hydrated and energized throughout the day. Please bring a personal device if possible.

**About the Instructor: Karen Renaud, M.Ed.,** MAHPERD Secondary Physical Education Teacher of the Year 2016. Karen has been teaching in the field of Physical Education and Health for 19 years. Currently, she is the K-12 Wellness Subject Matter Leader for the Hopkinton Public School district. She loves teaching ballroom dance, stress management, self-defense and cardio drumming to her students. In 2003, she walked into a ballroom dance studio looking for a new personal challenge and immediately fell in love with it. When she started experimenting with lessons in her classroom, she realized that she had found something that motivated students to move in a joyful manner. She has created a ballroom dance curriculum for all sophomore wellness students, a semester elective course in ballroom dance, established the ballroom dance club at the high school, worked with colleagues in grades 2-12 to develop age appropriate dance curriculum. She has presented at the MAHPERD, SHAPE America Eastern District Association and National conventions.

**Audience:** K-12 Physical Educators; all interested educators **Location:** TEC Professional Development Center, E. Walpole  
**Date & Time:** Thursday & Friday, June 27 & 28, 2019 **Earn:** 13 PDPs  
 8:30AM – 3:00PM **Grad Credit:** One graduate credit from Worcester State University for an additional \$125, payable at the first session  
**Cost:** \$245 TEC Members / \$280 Non-TEC Members



To register: Go online to [http://www.tec-coop.org/PDL\\_RegForm.html](http://www.tec-coop.org/PDL_RegForm.html) or complete this form and send, **along with a check or PO** to:

TEC Professional Development, 141 Mansion Drive, Suite 200, E. Walpole, MA 02032

Register me for "Ballroom Dancing: Swing & Hustle" on 6/27/2019!  TEC Member District \$245  Non-TEC Member: \$280

Name: \_\_\_\_\_ School: \_\_\_\_\_

Home address: \_\_\_\_\_ Role: \_\_\_\_\_

City, state, zip code: \_\_\_\_\_ Address: \_\_\_\_\_

Email: \_\_\_\_\_ City, state, zip code: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

*Withdrawals: No credits/refunds will be given unless TEC is notified 10 business days before the first class. All payments processed upon receipt. There is a \$5 cancellation fee.*